



# Senior Heroes<sup>SM</sup> Entry Form

## Nominate a Senior Hero

To recognize seniors for the impact they make in their communities by volunteering their time and talents, The Home Instead Senior Care<sup>®</sup> Network is conducting a contest search for the most outstanding senior volunteer in the U.S. and Canada (*excluding Quebec*).

Home Instead, Inc. will make a \$5,000 donation to each of the national Salute to Senior Service<sup>SM</sup> winners' designated non-profit charity of choice.

### CONTEST SCHEDULE:

Entry Deadline:

**March 15, 2012**

Mailed in entries must be postmarked on or before.

### FINALISTS NOTIFIED

by Judge's Panel:  
April 7, 2012

### WINNERS

**ANNOUNCED:**

May 1, 2012 in U.S.

June 1, 2012 in  
Canada

### Mail U.S. Entries to:

Salute to Senior Service: Senior Heroes  
(c/o Home Instead, Inc., Cat Koehler)  
13323 California St.  
Omaha, NE 68154

### Mail Canadian Entries to:

Salute to Senior Service: Senior Heroes  
(c/o Home Instead, Inc., Bruce Mahony)  
170 The Donway West, Ste. 403,  
Toronto, ON M3C 2G3

## Your Information:

Your Name: \_\_\_\_\_  
(As you would like it to display on the web site.)

Your Email: \_\_\_\_\_  
(Will not be displayed on web site.)

Your Phone Number: \_\_\_\_\_  
(Used to contact you if your nominee wins.)

## Nominee's Information: Yes, you can nominate yourself!

Nominees must be at least 65 years of age, complete at least 15 hours of volunteer service per month, and be a resident of the U.S. or Canada (*excluding Quebec*). See contest rules at [SaluteToSeniorService.com/rules](http://SaluteToSeniorService.com/rules) for complete entry details.

Nominee's First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
(Only entrant's first name and last name initial will be displayed on site, e.g., Jane S.)

City the Nominee Lives in: \_\_\_\_\_ State/Province: \_\_\_\_\_

Nominee's Email: (Optional) \_\_\_\_\_

Phone Number of Nominee: \_\_\_\_\_ Approximate Age of Nominee: \_\_\_\_\_  
(Used to contact nominee if they win.)

Name(s) of organization(s) that senior volunteered for: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Length of service and number of hours volunteered monthly: \_\_\_\_\_  
\_\_\_\_\_

